

Federal Social Office/14.06.2021

Dear parents, dear pupils,

As we move towards the summer holidays, we would also like to draw your attention to the existing quarantine rules after returning from trips abroad. As of June 2021, the following legal requirements apply:

Persons who have stayed in a risk area in the last ten days before entering Germany **must go into quarantine for at least 10 days**. Quarantine means: Stay at home and do not meet people who you do not live with.

However, it is possible for people who have not been vaccinated or are recovering to get an exemption if they enter from a **risk area**. A negative antigen test taken within the last 48 hours or a negative PCR test taken within the last 72 hours is sufficient for this. If you have not taken a test, it is compulsory to self-isolate for 10 days. There is no requirement of proof for children under six years of age.

Persons who, in the last ten days before entry, have stayed in a risk area where a **particularly high** risk of infection with the coronavirus has been identified, because

- there is a particularly high incidence of the spread of coronavirus in this risk area (**high incidence area**), or
- certain variants of the coronavirus have occurred widely in this risk area (**virus variant area**),

**must** go into **quarantine immediately**. Those who come from a high incidence area can be exempted from the fifth day of the ten-day quarantine. This is not possible when entering from the virus variant area, the quarantine lasts 14 days.

All current rules as well as the countries that are considered high-risk, high-incidence or virus-variant areas can be found at [Travel: Official Corona FAQ - hamburg.de](https://www.hamburg.de/faq-corona-official-travel/). Please be sure to check the current rules before you go on holiday and before you return.

Please observe the general hygiene rules at your destination closely during your stay and take special care that no Corona-typical disease symptoms have developed before visiting your child in holiday care or at school. As a parent or guardian or as an adult pupil, we ask you to complete the following declaration and give it to the holiday supervisor or the responsible teacher on the first day of holiday care or on the first day of school:

**I hereby declare that my child/me** (please mark with a cross where applicable)

\_\_\_\_\_

First name Last name                      Class

was not in a foreign risk area during the holidays.

or

has been abroad in a risk, virus variant or high incidence area in the last 14 days, but all legally prescribed infection-prevention measures have been complied with. I attach the proof of the negative result of the rapid antigen test or the PCR test to this message.

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Date, Signature